



PARENT TO PARENT
&
PARENT COALITION

Supporting Families of Children with
Developmental Disabilities and On Going Health Care Needs



Children & Anxiety Panel & Networking Workshop



Snacks and beverages will be provided.

This is a workshop for adults only. Child care is not provided.

For questions contact Parent to Parent

(360) 715-0170 Ext 302 or p2p@arcwhatcom.org

Thursday,
March 29th
6 pm - 8 pm

St Luke's Community Health
Education Center

3333 Squalicum Pkwy,
Bellingham

Guests panelists will include
professionals and a parent panel.

The panel topics will include:

- better understanding of anxiety
- strategies for dealing with anxiety
- tips for parents

Parent to Parent is proudly sponsored by



The Arc of Whatcom County