

Community First Choice Personal Care (Formerly Medicaid Personal Care or MPC)

What is Community First Choice (CFC)?

- * Community First Choice (CFC) is a new state Medicaid program that replaces Medicaid Personal Care (MPC).
- * CFC still provides personal care, but it also includes new services that Medicaid Personal Care did not have.
- * See this [handout](#) for details about all CFC services.

What is CFC Personal Care?

- * CFC Personal Care is a program for people on Medicaid who need help with “activities of daily living” (ADLs), which are things like eating, dressing, bathing, or moving around (mobility.)
- * Developmental Disabilities Administration (DDA) is the agency that handles applications for CFC Personal Care services, even for people who are not eligible for DDA. A child on Medicaid may be eligible for Personal Care services for help with ADLs (see above) even though s/he does not have a developmental disability.
- * DDA has contracts with caregivers who DDA can pay to provide CFC Personal Care services.
- * Personal Care services are usually in your home and can sometimes be in other places in the community.

Can children under three years old get CFC Personal Care hours?

- * Yes, in some cases if a child is under 3, is on Medicaid, and needs more help with ADLs than is typical for their age, they can get personal care hours.
- * If a child is in the Early Support for Infants and Toddlers (ESIT) Program, the child is a DDA client. DDA pays much of the cost of ESIT program services. In Whatcom County, all children on ESIT are assigned to DDA case manager Chris Osborn. If your child is on WA Apple Health and in the ESIT program, contact Chris at (425) 977-6526 or osborcj@dshs.wa.gov to ask to apply for CFC personal care services for your child.

How do I apply for CFC Personal Care for my child?

- * If your child is on Medicaid and has a DDA case manager, call your DDA case manager and ask to apply for CFC Personal Care for your child.
- * If you don't know if your child has a DDA case manager, call DDA at 714-5000 and say you want to apply for CFC Personal Care for your child. You can also send an email to Leslie

Kivett, a DDA intake and eligibility worker at leslie.kivett@dshs.wa.gov as a back-up plan. If you do not hear back from DDA within a week, call them back.

- * If your child is NOT a DDA client but is on Medicaid and needs help with ADLs (see above) s/he still may be able to get CFC Personal Care. Call DDA at 714-5000 and ask to apply for CFC Personal Care for your child. **Remember, even if your child is not a DDA client, this is still the agency to call.**
- * DDA will ask you a few questions on the phone to see whether to schedule an appointment for a full assessment for CFC Personal Care eligibility.

What happens at the assessment appointment?

- * A DDA case manager will come to your home and ask you some questions to find out how much help your child needs with activities of daily living (ADLs). They will also talk to your child. This takes 2-4 hours. Based on your answers, the computerized assessment program they use tells how many CFC Personal Care hours your child can have each month.
- * For more details on the CFC Personal Care assessment and the kind of questions they ask, see: <https://www.dshs.wa.gov/dda/consumers-and-families/dda-assessment> and <https://www.dshs.wa.gov/altsa/home-and-community-services/information-clients>

If my child is eligible for CFC Personal Care hours, how do I find a Personal Care provider who is contracted with DDA?

DDA will explain the steps to you. Some of the agencies contracted with DDA to provide CFC Personal Care services for children are listed below. DDA will give you more information.

- * Cascade Home Care: 360-647-9087 <http://cascadecconnections.org/programs/home-care/>
- * Catholic Community Services: 360-738-6163
- * Visiting Angels: 866-522-6435 <http://www.visitingangelswa.com/>
- * ResCare Homecare: 360-715-9936
- * Community Support Solutions: 1-888-819-8787 sean@cssow.org

How can family members or friends become DDA contracted CFC Personal Care providers and be paid to care for my child?

- * See our handout on [How to Become an Individual Provider](#)

Are there other resources to help with finding a CFC Personal Care provider?

- * The Home Care Referral Registry is a free service that keeps a list of caregivers in your area, and they can help you find a caregiver to best meet your child's needs: 360-707-2368. They also have helpful videos and guides on hiring and supervising Personal Care Service providers. http://www.hcrr.wa.gov/Consumers2010/videos_guides.html

For more information, see the Choosing Caregivers Guide on [this page](#).