

## Do you have a child with Down syndrome? Are you expecting a baby with Down syndrome?

### Down syndrome Outreach, Parent to Parent & Project Little Dude

*Partners working to provide a network of support for your child and your family*



#### Down syndrome Outreach



- Provides a New Baby kit for families once connection is made with DsO Coordinator
- Has fun family networking events, specifically for the Down syndrome community
- Provides birth through life support, info and updates via The Arc's Empower newsletter and eAlerts
- DsO coordinator, Jessika, can answer your questions and help get you connected to community resources

To get connected to DsO contact Jessika at [jessikah@arcwhatcom.org](mailto:jessikah@arcwhatcom.org) or 360-715-0170 ext. 304. Providers can refer a family by using The Arc's referral form and checking the DsO box.



- Can provide a Helping Parent match to another parent of a child with Down syndrome
- Has monthly support group meetings for parents of children with special needs
- Has fun family support events for families of children with special needs
- Can help connect you to a trained Super Sitter

To get connected to P2P contact Karlene at [p2p@arcwhatcom.org](mailto:p2p@arcwhatcom.org) or 360-715-0170, ext. 302. Providers can refer a family by using the P2P referral form.

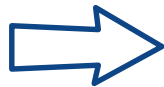
#### Project Little Dude

- Provides families with a new diagnosis of Down syndrome a Kit with therapeutically minded and resourceful supportive devices as well as helpful and current books
- Has educational therapeutic workshops for new families and providers
- An independent source of info and support with connection to local support programs (above) and an online sharing source of tips, advice equipment, professionals list, product guides and suggestions

To get connected to PLD contact Krissy Eiben at [krissy@projectlittledude.com](mailto:krissy@projectlittledude.com) or 360-483-6954. Providers can directly refer to our website [www.projectlittledude.com](http://www.projectlittledude.com) or email us for a request of a kit.

## How to help families of children with Down syndrome get connected to resources

Family of child with Down syndrome is not aware of local Ds-focused support and services.



Is family in ESIT or connected to services?



FRC tells family about Parent to Parent, Down syndrome Outreach (DsO), and Project Little Dude and refers family to these resources (with family's permission).



Family is referred to Single Entry Access to Services (SEAS). During SEAS navigation, family is told about Parent to Parent, Down syndrome Outreach, and Project Little Dude and is referred to these resources (with family's permission).  
SEAS line: (360)715-7485

Parent to Parent provides support group meetings and Helping Parent match. Contact Parent to Parent at [p2p@arcwhatcom.org](mailto:p2p@arcwhatcom.org) or 360-715-0170, ext. 302.

DsO Coordinator contacts family to connect them to DsO resources including: fun family networking events, informative newsletter, and new baby kit. Contact Jessika at [jessikah@arcwhatcom.org](mailto:jessikah@arcwhatcom.org) or 360-715-0170 ext. 304.

Project Little Dude provides families who have new Down syndrome diagnosis with a kit that includes therapeutically-minded devices and information. Contact Krissy Eiben at [krissy@projectlittledude.com](mailto:krissy@projectlittledude.com) or 360-483-6954.

